

Always Active News



MWR Monthly Edition
U.S. Naval Forces Marianas

May 2003

MAY 2003

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MWR

Always Active News

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COVER PHOTO BY: *Sue Jeffrey*

Joel Jeffrey (front) and Sue Jeffrey kayak up Talofoto River on an Outdoor Activities Trip with MWR - Rec 'N Crew.

SUBMIT YOUR PHOTO TODAY!



U.S. NAVAL FORCES MARIANAS

Rear Admiral Patrick W. Dunne
Captain David L. Allen
Commander John P. Todd
CDR Katrina Chancellor
James W. Parker
George Stewart

Commander, U.S. Naval Forces Marianas
Commanding Officer, U.S. Naval Forces Marianas Support Activity
Executive Officer, U.S. Naval Forces Marianas Support Activity
QOL Program Manager
Regional MWR Director
Manager, Community Services RTSG

The Always Active News is a monthly publication by the Morale, Welfare and Recreation Department of Commander, U.S. Naval Forces Marianas. If you have a question regarding any information in this publication, please call the MWR Marketing/Publicity Office at 564-2261 or visit us at Bldg #1A. Your comments and suggestions are welcome. The Department of Defense and the Department of the Navy do not endorse any product or firm associated with any event mentioned in this publication.



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Marketing Assistant

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TO OUR SPONSORS...

We would like to express our sincere appreciation to all the businesses who supported our MWR programs and events during the months of March and April.



Magic Girl Charters **SAM CHOY'S** **NEX Food Court**

Pacific Daily News **HOLIDAY PLAZA HOTEL** **The Dungeon**

Club Rumors

CNM 564-1833/34



Great Hang Out!



Fabulous Dining Area!



Excellent Customer Service!

LUNCH MONDAY-FRIDAY

1100-1330

Ala Carte & Daily Blue Plate Special

EVENING ALA CARTE MENU

1700-2100 Daily

DAILY HAPPY HOUR

1700-1900

CPO BAR

Friday Happy Hour

Complimentary Pupus

1700-1900

MONDAY LADIES NIGHT & R&B

Ladies' drinks 1/2 price!

TACO TUESDAY

Fifty Cent Tacos!

1600-2100

TUESDAY "QUIZZO" NIGHT

Starts at 2000

A New Trivia Contest For Fun & Prizes!

OLD SCHOOL NIGHT

WEDNESDAY

1800-2200

Dance Games & More!

THURSDAY KARAOKE CONTEST

Finals on last Thursday of the Month



1800-2200



FRIDAY ALTERNATIVE ROCK NIGHT & POOL TOURNAMENT

2100-2400

Minimum 15 Entries for tournament to take place

Show: 1900 Go: 1930

Enter for your chance to Win Cash Prizes!

SATURDAY R&B & HIP HOP DJ

2100-2400

CINCO DE MAYO

HAPPY HOUR

5 May 2003 1700-2100

* Specialty Drinks

* Taco Bar \$5.95

All you can eat TACOS!

* Come in costume & get
\$1.00 Margaritas



Sponsored by: **UNDER WATER
WORLD**



FAMILY NIGHT

Dinner Buffet & Free Movies

Every Friday in May

1700-2000

\$7.95 Adults, \$3.95 Child 5-11

4 & under FREE

Family of 4 eats for under \$25!!!



NIMITZ HILL 472-4606/7

SEE WHAT'S HAPPENING AT THE TOP...

SUNDAYS

SUNDAY BRUNCH 1030-1300

\$15.95 ADULTS, \$7.95 CHILDREN 5-11, 4 AND UNDER FREE

TUESDAYS & THURSDAYS

MONGOLIAN BARBECUE 1800-2100

FRIDAYS

TGIF LUNCH BUFFET 1100-1300

\$7.95

STEAK & SEAFOOD NIGHT 1800-2100

\$17.95 ADULTS, \$8.95 CHILDREN 5-11, 4 AND UNDER FREE



Executive Chef Bob Branconnier shows off the live Maine Lobster (an additional cost) available at Friday Steak & Seafood

* Mother's Day Brunch

11 May 03 1030-1400

\$17.95 Adults, \$8.95 Child 5-11, Children 4 & under FREE

Two Seatings: 1030-1200 & 1230-1400

50% deposit required for reservations of 20 or more



PALACE HOTEL

* HAPPY HOUR UNDER THE STARS

Every Tuesday & Thursday 1700-1900

* BUSINESS CARD DRAWINGS

Every Friday during TGIF Lunch Buffet

* MARTINI / CIGARS NIGHT

Every Friday on the Deck 1700-2200



AUTHORIZED PATRONS ONLY

CATERING

PLAN YOUR EVENT WITH US!

From barbecue to ballroom, we've got the party that's right for you!
From traditional to unique, let our catering professionals assist you
with planning your event.

We offer a variety of catering functions

- Party & Dance
- Business Meetings
- Retirement Parties
- International and Local Buffet Selections
- Ship Welcomes
- Mongolian Barbecue
- Hail & Farewells
- Karaoke Night
- Awards Ceremonies
- Beach Barbecue
- Graduations
- Birthdays
- Christenings
- Weddings
- And More!

FMI contact Alex Gagarin, Catering Manager, at 688-5695

HOME PLATE SPORTS BAR NCT'S

HOURS OF OPERATION

Sun, Mon & Hol	Closed
Tue - Thurs	1800-2230
Fri & Sat	1800-0100



ARMED FORCES DAY CELEBRATION

May 17, 2003

Show Military I.D. &
receive 50% off your
first purchase!

JOIN US FOR A NIGHT
OF FUN & GIVEAWAYS!

POST CINCO DE MAYO BASH

6 MAY 03

Party Begins at 1800
Come by for Drink Specials,
Fun, Awesome Latino Music,
Giveaways & More!



For More Information Call 355-2321

CALL TO PHOTOGRAPHERS!



Would you like to see your photograph
featured on the cover of the
ALWAYS ACTIVE NEWS?!

A big "THANK YOU" to all of you who have submitted photos to feature
on the front cover of the Always Active News.

Unfortunately, we can't feature them all but we will keep photos
on file for possible future use.

Please keep submitting! We've received many positive comments from our readers!

Drop your photo(s) at the MWR Marketing Office located in Bldg. 1A on COMNAVMAR.

Or e-mail your digital to mwrmarketing@guamcell.net.

Submit by the 7th of the month for the following month's cover. Include your name,
phone number, e-mail address and identify the location and individual(s) in the photo.

For more information call MWR Marketing at 564-2261
or e-mail mwrmarketing@guamcell.net



BEEHIVE

Camp Covington 564-1834

HOURS OF OPERATION
Friday 1700-2300
Saturday 1700-2400
Sunday-Thursday Closed

**FEATURING
POOL TABLES**



**FRIDAY
COUNTRY
NIGHT**



**SATURDAY
R&B &
HIP HOP
NIGHT**

OROTE POINT LANES

564-1828

COMNAVMAR

CINCO DE MAYO

5 May 03

1100-1300 1700-2200

SPECIAL

CORONA \$2.00

COLORAMA

1st Saturday of Every Month

\$10.00 Entry Fee

Minimum 20 Entries

18 yrs & older

sponsored by:



Beverage Day

6 May 03

All beverages 25% off!

NATIONAL SHRIMP DAY

10 May 2003

1100-1300, 1700-2200

Shrimp Basket Special

\$5.00 w/ medium drink

Mother's Day Special

11 May 2003

Mother's bowl for FREE

(cannot exceed 2 hours)



MEMORIAL DAY 9 PIN NO TAP

24 May 2003 @ 1400

\$50.00 Entry Fee

Enter for your chance to WIN
great prizes & giveaways!

NATIONAL HAMBURGER DAY

28 May 2003

ALL BURGERS 25% off!



LIGHTNING LANES NCTS

355-5273

NATIONAL SHRIMP DAY

10 May 2003

Purchase a Shrimp Basket &

Receive 25% off your
next Snack Bar purchase!

Mother's Day BOWLARAMA

11 May 2003

1500-2200

Mothers Bowl for FREE

Kids Bowl all day for \$1



MWR Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
11 May - Mothers bowl for FREE at Orote Point Lanes & Lightning Lanes 11 May - Club Rumors Bingo Mother's Day Special	10 May - FREE Movie at The Big Screen Theater 11 May - Mother's Treat at The Big Screen Theater 3 FREE Movies	24 May - FREE Movie at The Big Screen Theater		LIBERTY 8 Ball Pool Tournament at NH Barracks 14 & Top O' The Mar's Mongolian BBQ Libraries' Mother's Day Poetry Contest begins	LIBERTY 6 Hour Group Night Out NH 2.1 Mile Hospital Fitness Run at BWFC	Kayak Trip to Alupang Island COLORAMA at Orote Point Lanes
Golf Day at ANGC w/ LIBERTY & Trip to Inarajan Fiesta Boonie Stomp to Historical Sites of CNM Orote Point & Asan	Cinco De Mayo Happy Hour at Club Rumors (w/ LIBERTY) Orote Point Lanes Cinco De Mayo Special - Corona \$2.00	Post Cinco De Mayo Bash at Home Plate Sports Bar NCTS (w/ LIBERTY) Beverage Day at Orote Point Lanes	Boonie Stomp to Inarajan Falls LIBERTY Dinner & Night out at Da Ranch Libraries' Mother's Day Poetry Contest ends	LIBERTY FREE Movie at CNM Big Screen Theater "NO SOCKS DAY" at Big Screen Theater	CKG 5K Fitness Run LIBERTY Dart Tournament & Country Night at Home Plate Sports Bar	Snorkel Trip to Piti Bombholes \$10.00/trip LIBERTY Trip to Ocean Jet Club & GTDS Scuba Roo Combo Tour National Shrimp Day at both bowling alleys Admiral's Cup Horseshoe Tourney
LIBERTY Shopping Day Introduction to Kayaking I & II Mother's Day Brunch at Top O' The Mar			LIBERTY Dinner at Planet Hollywood & Matrix II Premier & Trip to Chamorro Village Boonie Stomp to Tarague Nature Trails at AFB	"Straw Hat Day" at The Big Screen Theater	NCTS Sports Center 5K Bike/Run Trip w/ LIBERTY to Top O' The Mar's Martini/Cigars Night & 6 Hour Group Night out	Kayak Trip to Talofoto River & Talofoto Bay LIBERTY FREE MDA Boat Charter Armed Forces Day Celebration at Home Plate Sports Bar
LIBERTY Paintball Day Boonie Stomp to Tarzan Swimhole			Introduction to Kayaking I & II Trip w/ LIBERTY to Polaris Point Club for Midweek Madness	LIBERTY Single Sailor Bowling Night at CNM Orote Point Lanes	LIBERTY 8 Ball Pool Tournament at CNM Beehive & Trip to GVB's Annual Micronesian Island Fair	Boonie Stomp to Namo Falls & Botanical Park LIBERTY Trip Around the Island & Dinner & Micronesian Island Fair Memorial Day 9 Pin No Tap at Orote Pt. Lanes
LIBERTY Micronesian Island Fair & ANGC Golf Day Kayak from Talofoto Bay to PaicPouc & Matala Beach	ANGC Bingo Memorial Day Special		LIBERTY Trip to Chamorro Village Boonie Stomp to Historical Sites of CNM Orote and Asan National Hamburger Day at Orote Pt. Lanes	FREE Movie at the Big Screen Theater	LIBERTY 6 Hour Group Night out ANGC Scramble Golf Tournament	LIBERTY Trip to Tarza Water Park Kayak Trip from Gun Beach to Two Lover's Point Admiral's Cup Triathlon begins
Bingo @ ANGC & Club Rumors Triple Feature at CNM Big Screen Theater Happy Hour at Club Rumors 1700-1900 Dinner Ala Carte Menu at Club Rumors Sunday Brunch at Top O' The Mar ANGC Free Golf Clinics	Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 Ladies Night at Club Rumors & R&B Step Aerobics at CKG O'Hana Me Ke Aloha Hula Classes at CNM Youth Center	Bingo @ ANGC Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & Taco Tuesdays & "Quizzo" Night Home Plate Movie Night & Dart Tourney Techno Tuesdays at Beehive Mongolian BBQ & Happy Hour Under The Stars at Top O' The Mar	Home Plate's Karaoke Contest Storytime at CNM Library Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & Country & Western DJ Mid-Week Madness at Point Club Jazz & Blues at Beehive Spouse's Day at ANGC Free Golf Clinics Hip Boxing Aerobics at CKG	Bingo @ ANGC FREE Movie at CNM Big Screen Theater Volleyball Day at CKG Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & Karaoke Thursdays Mongolian BBQ & Happy Hour Under The Stars at Top O' The Mar	Bingo @ ANGC TGIF Lunch Buffet, Business Card Drawings & Martini/Cigars Night at Top O' The Mar Double Feature at CNM Big Screen Theater Noche' Baja Happy Hour at Point Club Lunch & Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors/CPO BAR 1700-1900 & Friday Alternative Rock & Pool Tournament Country Night & Pool Tourney at Home Plate O'Hana Me Ke Aloha Hula Classes at CNM Youth Center	Bingo @ ANGC & Club Rumors Triple Feature at CNM Big Screen Theater Dinner Ala Carte Menu at Club Rumors Happy Hour at Club Rumors 1700-1900 & R&B & Hip Hop DJ Saturdays R&B and Hip Hop Night at Beehive ANGC Free Golf Clinics

Happy Mother's Day!

2003

MWR FACILITIES

Hours of Operation

COMNAVMAR

MWR OFFICE 564-1850/1/2
 Jim Parker MWR Regional Director
ADMINISTRATION OFFICE 564-1847
 George Stewart Manager, Community Services, RTSG
 Mike Doran Asst. Manager, Community Services
 Mon-Fri 0730-1630
 Sat, Sun & Holidays Closed

MWR DIRECTOR'S FEEDBACK LINE 339-1022

Division Heads:
 Jim Smith District Manager Retail Operations
 Maureen Scheuermann Child Dev. Program Administrator
 Prudence Denight Marketing Manager
 Frank Esteves Recreation Supervisor
 Mae Lizama Youth Activities Supervisor

AUTO HOBBY SHOP 564-1827

Jerome Aguigui Technician
 Tue, Wed & Holidays Closed
 Mon, Thu & Fri 1200-2000
 Sat & Sun 0900-1700

BEEHIVE @ CAMP COVINGTON 339-6001

Noel David Manager
 Sun - Thu Closed
 Fri 1700-2300
 Sat 1700-2400

BINGO PROGRAM 344-5838/687-2012

Anne Mesina Bingo Manager

CHARLES KING GYM 564-1824/5 SPORTS LIVE 564-1820

Michal Ballou Supervisor
 Mon-Fri 0500-2100
 Sat 0900-2100
 Sun 0900-1900
 Holidays 0900-1900

CNM CHILD DEVELOPMENT CENTER 564-1844/5 CHILD CARE RESOURCE & REFERRAL 564-2260

Maureen Scheuermann CDPA
 Mon-Fri 0600-1730
 Sat, Sun & Holidays Closed

CHILD DEVELOPMENT HOMES 564-2262

Christine Bowlby Director
 Mon-Fri 0730-1630
 Sat, Sun & Holidays Closed

CLIPPER LANDING 564-2263

Sean McDermott Manager
 CLOSED FOR RENOVATIONS

CLUBHOUSE YOUTH CENTER TEMPORARY PHONE 564-1755

Mae Lizama Supervisor
 Mon-Fri 0600-1800
 Sat Special events only.
 Sun & Holidays Closed

YOUTH SPORTS

TEMPORARY PHONE 564-1755

Rosa Camacho Youth Sports Coordinator
 Tue-Fri 0800-1700

CLUB RUMORS 564-1833/4/5

Fax 564-3187
 Noel David Manager
Catering 688-5695/472-4606/7
 Alex Gagaring Catering Manager

Hours

Lunch (Mon-Fri) 1100-1330
 Mon-Thu 1600-2200
 Fri 1600-2400
 Sat & Sun 1100-2400
 CPO Lounge Fridays Only

Holidays

Bar 1700-2200
 Ala Carte 1700-2000

Click Here (Club Rumors CNM)

Mon & Wed 0900-1500
 Sun 0900-1600
 Sat 1500-2100
 Tue, Thu & Fri 1200-2100
 Holidays Closed

LIBRARY 564-1836

Frances Quinata Librarian
 Wed 1400-1900
 Thu-Sun 1100-1900
 Mon, Tue & Holidays CLOSED

SWIMMING POOL 564-1822

Jessica Perez Lead
 Free Active Duty Laps 0530-0830 (M-F)

Public Hours

Tue-Fri 1000-1800
 Weekends & Holidays 1000-1800
 Monday Closed

MARKETING/PUBLICITY OFFICE 564-2261

Prudence Denight Manager
 Pamela Yoshihara Asst. Mgr./Mktg. Specialist
 CrenaMarie Byerly Asst. Mgr./Sponsor Coordinator
 Mon-Fri 0730-1630
 Sat, Sun & Holidays Closed

OROTE POINT LANES 564-1828/9

Willie Miranda Manager
 Mon-Fri 1100-1300
 1700-2200
 Sat, Sun & Holidays 1500-2200

THE POINT CLUB 472-4606

Noel David Manager

REC 'N CREW OFFICE 564-1826

Outdoor Recreation/L.I.B.E.R.T.Y. Program
 Therese Muna Supervisor
 Mon-Sun 0800-1700
 Holidays 0800-1700

SILVER DOLLAR (NavMag) 339-5128

Tersita Rose Manager
 Mon - Thu 1100-1330
 Friday 1100-2000
 Friday Happy Hour 1700-1900
 Sat, Sun & Hol Closed

Click Here Computer Room

AVAILABLE during all business hours

Canteen

AVAILABLE during all business hours

SUMAY COVE MARINA 564-1846

Sean McDermott Manager
 Wed - Sun & Holidays 0800-1700

TEEN LIVING CENTER 564-3740

Mae Lizama Supervisor
 Mon & Tue Closed
 Wed & Thu 1500-2100
 Fri 1500-2300
 Sat 1300-2300
 Sun 1300-1800
 Scheduled Holidays 1200-2130

THE BIG SCREEN 564-1830 MOVIE HOTLINE

564-1831
 Dorothy Abante Manager
 Mon-Wed CLOSED
 Thu (FREE MOVIE) 1900-2130
 Friday 1900-2400
 Sat & Sun 1300-2200

TOP O' THE MAR 472-4606/7

472-4605
 Noel David Manager
 Holidays Closed

Catering Manager

Alex Gagaring 688-5695/472-4606/7

Sunset Lounge

CLOSED UNTIL FURTHER NOTICE
 Joel Santa Cruz 472-4606
 Holidays Open

NCTS

ADMIRAL NIMITZ GOLF COURSE 344-5838/39

Richard Paulino Manager

Pro Shop

Mon-Sun 0600-1800

Snack Bar

Lilia Strutz Asst. Manager
 Mon-Sun 0600-1900
 Holidays Open except Christmas Day

AUTO HOBBY SHOP 355-5527

Joselito Subido Technician
 Tue, Wed & Holidays Closed
 Mon, Thu & Fri 1100-1900
 Sat & Sun 0900-1700

HOME PLATE 355-2321/5325

Fax 355-5321
 Timothy Hall Manager
 Sun, Mon & Holidays Closed
 Tue - Thu 1800-2230
 Fri & Sat 1800-0100

LIBRARY 355-5921

Felicisima McCandless Librarian
 Tue 1400-1900
 Wed-Sat 1100-1900
 Sun, Mon & Holidays Closed

LIGHTNING LANES 355-5273

Timothy Hall Manager
 Mon-Thu Closed
 Fri 1700-2200
 Sat, Sun & Holidays 1500-2200

OUTDOOR REC 355-5527

L.I.B.E.R.T.Y. Program
 Therese Muna Supervisor
 Mon, Thu & Fri 1100-1900
 Weekends 0900-1700
 Tue, Wed & Holidays CLOSED

SOUTH-FIN YOUTH CENTER 637-2730/1

Mae Lizama Supervisor
 Helen Flores Recreation Specialist
 Mon-Fri 0600-1730

SPORTS CENTER 355-5623/5534

Felix Esteves Supervisor
 Mon, Tue, Thu & Fri 0500-2100
 Wednesday 0500-2200
 Sat & Sun 0700-2100
 Holidays 0900-2100

SWIMMING POOL 355-5091/2

Boleslaw Rolinski Lead

PRT Lap swim (Active Military only)

Mon - Fri 0500-0700

Recreational Swim

Mon, Thu & Weekends 1100-1800
 Tuesday & Friday 1100-1700
 Holidays 1100-1800
 Wed Closed

NAVAL HOSPITAL

BODYWORKS FITNESS CENTER 344-9226

CLOSED UNTIL FURTHER NOTICE

Araceli Diras Supervisor
 Mon-Fri 0500-2100
 Sat, Sun & Holidays 0900-1700

CHILD DEVELOPMENT CENTER 472-2312

Lita Gonzales Director
 Mon-Fri 0630-1730
 Sat, Sun & Holidays Closed

SWIMMING POOL 344-9009

CLOSED UNTIL FURTHER NOTICE

Dan Malubag Lead

Lap swim

Mon-Fri 0530-0730

Lap & Recreation Swim

Mon, Wed, Thu & Fri 1100-1800
 Sat, Sun & Holidays 1100-1800

SUNSHINE OUTFITTERS 344-9009

Mon-Fri 0900-1700
 Sat & Sun 1100-1700

SUMAY COVE MARINA

CNM 564-1846



BOAT RENTALS - PRICE LISTING

American 18 Skipper.....	\$ 12-hr, \$ 40 day
American 14 Skipper.....	\$ 8-hr, \$ 30 day
Super Snarks.....	\$ 4-hr, \$ 20 day
Boston Whaler 19' (M/B Lic).....	\$ 40 Half day, \$ 75 full day + gas
Single Kayak.....	\$ 1.50-hr, \$ 13 day
Double Kayak.....	\$ 2-hr, \$ 16 day
Paddle Boats (2 seat).....	\$ 3-hr, \$ 20 day
Paddle Boats (4 seat).....	\$ 4-hr, \$ 24 day
Outrigger Poles.....	\$ 10 day
Fishing Poles.....	\$ 10 day

CALL US FOR MORE INFORMATION!

ASK ABOUT OUR FREQUENT BOATER CARD!



**FREE
GOLF CLINICS**

0900-1000

Saturdays

&

Sundays

**SPOUSE'S DAY
CLINIC**

WEDNESDAYS

0900-1000

Call 344-5838
for more details

Radio Barrigada 344-5838/39

ANGC SCRAMBLE GOLF TOURNAMENT Friday, 30-May 2003

\$25.00 Entry Fee

1100 Show - 1200 Go

Straightest Drive, Closest to the pin

**PALACE
HOTEL**

LOTS OF PRIZES!



Please call for information and registration

Authorized Patrons Only

Outdoor Recreation

OPEN TO EVERYONE!

CNM Rec 'N Crew Has Moved To BLDG. SB1, Old Galley

CNM REC 'N CREW 564-1826 NCTS OUTDOOR REC 355-5527

BOONIE STOMPS

- 4 May - Historical Sites of CNM Orote and Asan (EM)
- 7 May - Inarajan Falls (D)
- 14 May - Tarague Nature Trails at AAFB (EM)
- 18 May - Tarzan Swimhole (EM)
- 24 May - Namo Falls & Botanical Park in Santa Rita (E)
- Note: \$5.00 goes directly to Namo Falls
- 28 May - Historical Sites of CNM Orote and Asan (EM)

Check out our OUTDOOR GEAR RENTAL

Need camping gear, coolers, canopies, tables, chairs or bikes? Check us out... we'll hook you up!



WATER ACTIVITIES

LEGEND

E - EASY EM - EASY TO MODERATE
M - MODERATE MD - MOD TO DIFFICULT
D - DIFFICULT VD - VERY DIFFICULT
EH - EXPERIENCED HIKERS

TICKETS AVAILABLE

1. GameWorks 100 Credit game cards - \$15.00
2. Atlantis Submarine \$45.00/adult \$23.00/child
3. Tarza Water Park \$20.00/adult \$10.00/child Includes Lunch
4. Wallace Theater Movie Tickets \$6.00 each

GET YOURS TODAY!

- 3 May - Kayak trip to Alupang Island (E)
- 10 May - Snorkel trip to Piti Bombholes across Fish Eye. \$10.00 trip includes snorkel set & lunch. Snorkel sets are limited. Call Rec 'N Crew for more info.
- 11 May - Introduction to Kayaking I - 0900-1100 & Introduction to Kayaking II - 1100-1300
- 21 May \$5.00 per class per person
- 17 May - Kayak trip to Talofoto River & Talofoto Bay (E)
- 25 May - Kayak from Talofoto Bay to PaicPouc & Matala Beach (M)
- 31 May - Kayak from Gun Beach to Two Lover's Point (M)
- Note: Pending sea conditions, trip may change.



Bring your personal snorkel gear or rent gear available at our Rec 'N Crew office.

Boonie Stomps

\$5.00 adult, children 5-17 \$3.00, children under 5 are free. Children under 10 must be accompanied by an adult. All patrons are requested to show up for payment and waiver signature 15 minutes prior to departure. Tours depart at 0900. Deadline to sign up is at 1630 one day prior to the event.

Kayak Trips

Weekend kayak trips are \$15.00/single kayak, \$25.00/double kayak, includes lunch & drinks. Wednesday kayak trips are \$8.00/single, \$12.00/double (does not include lunch or drinks). Tours depart from Rec 'N Crew or Outdoor Rec at 0900. Events are subject to change or cancellation due to weather conditions or circumstances beyond our control.

All activities require a minimum of 4 patrons to go or they may be subject to cancellation.

CNM 564-1826
NCTS 355-5527



LIBERTY COCONUT OLYMPICS
30 March 03



LIBERTY COCONUT OLYMPICS - 30 Mar 03

- 01 May - 8 Ball Pool Tournament at Naval Hospital Barracks 14. 1800-2100. \$5.00 Entry Fee per person. Top O' The Mar Mongolian BBQ (\$0.70 per oz.) & Happy Hour Under the Stars. 1800-2100
- 02 May - 6 Hour Group Night Out. 1900-0100. Group will decide where to go. Min. 4, Max 13 per group.
- 04 May - Trip to Inarajan for their Village Fiesta. 1200-1600.
Golf Day at Admiral Nimitz Golf Course. 0900-1800. Free Golf lessons 0900-1000.
Tee Time 1200 - 1800. \$20.00 per person includes 18 holes, cart and lunch.
- 05 May - Cinco de Mayo at Club Rumors. 1700-2200.
- 06 May - Post Cinco de Mayo at Home Plate Sports Bar. 1700-2200.
- 07 May - Dinner and Night out at Da Ranch. 1800-2300. Group will choose a place to eat.
- 08 May - National NO SOCKS Day - Free Movie at Big Screen Theater. 1900-2100. Free small popcorn for each patron without socks.
- 09 May - Dart Tournament (\$5.00 Entry Fee) & Country Night at Home Plate Sports Bar. 1800-2400. 
- 10 May - Ocean Jet Club. 1000-1500. \$40.00 per person includes 30 min. jet ski, banana boat ride, snorkeling, kayaking, paddle boats and lunch.
Guam Tropical Dive Station Scuba Roo Combo Tour. Show: 1315 Go: 1330-1630. \$35.00 per person includes dolphin watching, kayaking, snorkeling, sunbathing, water and juice. Bring food to barbecue.
- 11 May - Shopping Day. 1000-1600. Shop at AAFB, Micronesia Mall, KMart and GPO....your choice! Minimum 4, Maximum 13. (Bring your own money.)
- 14 May - Dinner at Planet Hollywood & Matrix II Premier (Private Screening.) 2100.
Trip to Chamorro Village. 1800-2200.
- 16 May - Top O' The Mar Martini & Cigar Night w/ Steak & Seafood Dinner. 1800-2100.
6 Hour Group Night Out. 1900-0100. Group will decide where to go. Min. 4, Max 13 per group.
- 17 May - FREE MDA Boat Charter. Show: 1330 Go: 1400 Call for more information. 
- 18 May - Paintball Day. Show: 1200 Go: 1300-1800. \$25.00 per person includes gun, mask, 100 rounds paint, unlimited CO2. Call for more information.
- 21 May - Midweek Madness at Polaris Point Club. 1800-2200. Crab Races & Best Paper Airplane!!!
- 22 May - Single Sailor Bowling Night at CNM Orote Point Lanes. \$1.00 per game + \$1.00 shoes.
- 23 May - 8 Ball Pool Tournament at CNM Beehive. 1800-2200. \$5.00 Entry Fee.  
Annual GVB Micronesian Island Fair. 1800-2200.
- 24 May - Trip Around the Island. 1000-1500.
Dinner & Micronesian Island Fair 1800-2400.
- 25 May - Micronesian Island Fair. 1200-1800.
Golf Day at Admiral Nimitz Golf Course. 0900-1800. Free Golf lessons 0900-1000.
Tee Time 1200 - 1800. \$20.00 per person includes 18 holes, cart and lunch.
- 28 May - Trip to Chamorro Village. 1800-2200.
- 29 May - Free Movie at the Big Screen Theater. 1900-2100. One Showing Only. Free Movie does not include food and drinks.
- 30 May - 6 Hour Group Night Out. 1900-0100. Group will decide where to go. Min. 4, Max 13 per group.
- 31 May - Trip to Tarza Water Park. 1100-1800. Rec 'N Crew has discounted tickets. Call us for more information.

L.I.B.E.R.T.Y. Program is STRICTLY for Single Sailors and Geographical Bachelors. We will provide free transportation for scheduled events listed above. Patrons must call for transportation. Trips require a minimum of 4 patrons to go. Subject to cancellation if minimum requirement is not met. Sign up deadline for each trip is at 1600 the day prior to the scheduled trip. For questions please call 564-1826 or email at n10.munat@guam.navy.mil



SPORTS & FITNESS

Charles King Gym



CNM 564-1824

Monthly 5K Fitness Run

9 May 03

Show: 0600

Go: 0615

BodyWorks Fitness Center

NAVHOSP

**Temporarily Closed Due To Extensive
Typhoon Damages**



FMI 564-1824

2.1 Mile

Hospital Fitness Run

2 May 03

Show: 0600

Go: 0615

Sports Center



NCTS 355-5623

Monthly 5K Bike/Run

16 May 03

Show: 0600

Go: 0615

AEROBIC CLASSES AT CKG

STEP

Monday 1630-1730

HIP BOXING

Wednesday 1630-1730

\$2.00 per class

FREE for Active Duty

Purchase Aerobics Coupon at CKG

RUN/WALK & SWIM FOR LIFE PROGRAM



- * Open to all eligible patrons 15 years & above
- * Participants will accumulate mileage by running, walking or swimming & log their distance within 30 days at any Navy MWR pool or gym.
All recorded mileage will begin on date of registration.
- * WHY? To improve your health & establish a habit of exercise and we are giving PRIZES!
Run/Walk prizes given at 100, 250, 500, 750 & 1000 mile mark. Swim prizes given at 25, 50, 100 & 200 mile mark.
- * Patrons can join in at any time. Patrons may register at any Navy MWR pool or gym.
- * This program is on-going and is self-paced.
- * FMI Call 564-1824/25, 564-1822, 355-5623 or 355-5091.

ADMIRAL'S CUP HAPPENINGS

Horseshoe Tournament begins

10 May 2003 @ 1000

Charles King Gym

Triathlon begins 31 May 03

0600 Show - 0615 Go

Location TBA

YOUTH PROGRAMS

CNM Youth Center is TEMPORARILY located at the CDC, Bldg 1983-A until further notice. We apologize for any inconvenience this may cause. For more information please call our temporary phone number 564-1755.

SCHOOL AGE CARE PROGRAM

The School-Age Care Program has space available for children in kindergarten through 6th grade for Before only, After only or Before and After school care. Drop-In care is also available. Please call or stop by the Youth Center nearest you for more info.

HOURS OF OPERATION

CNM Youth Center 0600 - 1800, FMI 564-1755

South Finegayan Youth Center 0600 - 1730, FMI 637-2730

SUMMER CAMP

2 June - 1 Aug 2003

Ages 5-17 years

FUN, GAMES & MORE!

For more information & sign-ups call 564-1755

O'HANA ME KE ALOHA HULA CLASSES

Mondays & Fridays 1830-2000

\$35.00 First Child

\$30.00 Additional Child

YOUTH SPORTS

Looking for volunteer coaches for basketball, baseball and soccer. For more information please call Michelle Taitague at 564-1755 or email at youthsportscoordinator@hotmail.com



YOUTH CENTER
"HOORAY FOR THE U.S.A."

AUTO HOBBY SHOPS

SERVICE BAY RESERVATIONS NOW AVAILABLE

At both
Auto Hobby Shops

Just stop in and reserve a time

**** Convenient ****

**** Saves Time ****

**** No waiting in line for
the next available
service bay ****

Reservations must be made
in person. Sorry, no reservations
can be made over the phone.

Please call us
for more information.

CNM 564-1827

NCTS 255-5527

Child Development Program



Your One Stop Center for Information, Registration or
Request for Care in Centers and Homes.

Located at the CNM Child Development Center

Bldg. 1983-A Haputo St.

Tel: 564-2260

Child Development Homes

Certified Child Development Home providers are
located within Naval Housing areas.

Child Development Centers,

CNM and HavHosp

Ages of Children Enrolled: 6 weeks through 5 years

SWIMMING POOLS

Effective Immediately!

There are NO ENTRY FEES
charged for all Navy Pools.

Gab Gab Beach & San Luis Beach

Lifeguards will be posted on weekends &
holidays only from 1000-1800.

No lifeguards during the weekdays.

FMI call 564-1850

CNM Pool CLOSED

NCTS Pool NOW OPEN

USNH Pool Closed
due to extensive typhoon damages

For more information
please call 564-1850.

BOLLER VET CLINIC

CNM 564-3225



Visit us at our website
www.navyvetguam.com
Our webpage contains basic
information on animal diseases,
quarantine information,
appointment scheduling,
price information and
hours of operation.



Present a Special Opportunity for Military Personnel Only!

FREE Membership!

Morale, Welfare & Recreation Sincerely Thanks and Appreciates the sponsors of this event. However,
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sponsor, their products or services.

Stop by the MWR Marketing Office, Bldg. 1A 2nd Floor and get
your FREE Active Duty Personnel Membership Certificate.
Exclusive offer for active duty Military or dependent. ID is required.

FMI CALL 564-2261



BINGO

Authorized Patrons Only



MEMORIAL DAY SPECIAL

26 May 2003

Games begin at 1900

APPRECIATION NIGHT

1/2 OFF Entire Night!

(except LETTER X)

BINGO PROGRAM ANGC & CLUB RUMORS

CLUB RUMORS BINGO

Mother's Day Special

11 May 2003

Games begin @ 1330

SPECIAL BINGO COUPON

for all Moms!

\$15, \$25 & \$50 Bingo coupons

(one coupon per mom

while supplies last)

Happy Mother's Day!



Phone 564.1833/34 | 344-5839

B

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N

G

O

LIBRARIES PRESENT

FMI 564-1836



MOTHER'S DAY POETRY CONTEST

Why Do I Love Her So?

- ✧ Contest begins 1 May 03
- ✧ Entries due by close of business 7 May 03
and may be turned in at CNM or NCTS Library.
- ✧ Open to all ages (children & adults)
- ✧ Winners will be selected between both facilities
- ✧ 1st, 2nd & 3rd place winners.



Hilton
Guam Resort & Spa

STORYTIME AT CNM LIBRARY WEDNESDAYS @ 1500

CNM HOURS OF OPERATION

WED	1400-1900
THU - SUN	1100-1900
MON, TUE & HOLIDAYS	CLOSED

The Big Screen

Movie Hotline 564-1831

CNM
564-1830



Photos of SEVENTH Fleet Band taken on
8 April 2003

"NO SOCKS DAY"

8 May 2003

Wear NO SOCKS &
receive a small popcorn!

FREE MOVIE

Saturday, 10 May 2003

One FREE Movie!

1530 Deliver us from Eva, R

Mother's Treat!

Sunday, 11 May 2003

3 FREE Movies for Mothers Only!

1300 Jungle Book 2, G

1500 Daredevil, PG13

1900 Poolhall Junkies, R

Happy Mother's Day!



"STRAW HAT DAY"

15 May 2003

Wear a Straw Hat & receive a
Free Regular Nachos w/ cheese

FREE MOVIE

Saturday, 24 May 2003

One FREE Movie!

Movie To Be Announced

GET YOURS TODAY! CALL US FOR MORE INFORMATION!

BLOCKBUSTER coupon



- THE FUNNIES -

& stuff



HOROSCOPES

TAURUS 20 Apr - 20 May

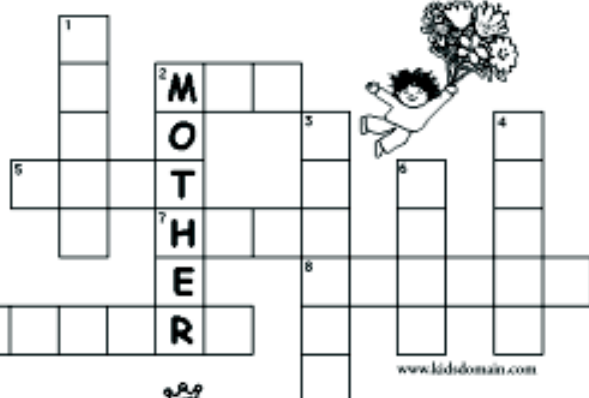
Your stubbornness is at its worst on the 1st and 2nd, and you run the risk of alienating close friends and relatives with your incessant need to be right. Luckily, your debating skills improve and you're much more likely to use a little more tact on the 3rd through 5th, and by the 8th, you're having too much fun to worry about arguing over every little thing. Seeking out the truth is what you're good at on the 10th and 11th, and you have the urge to take up lost causes on these days. Your drive and desire to succeed have the ability to propel you to stardom on the 15th and 16th, but try not to let your pessimism get in the way of your accomplishments on the 19th and 20th -- believing in yourself is the only way you'll get anything done toward the end of the month. A sense of nostalgia hits you on the 23rd and 24th, so these are good days to plan a reunion with an old friend or long-lost relative. You have reason to be a bit guarded with your plans and ideas on the 28th and 29th, so make sure no one has access to any of your private files. www.astrology.com

GEMINI 21 May - 21 Jun

Throwing caution to the wind isn't a good idea until the 8th or 9th of the month, Gemini -- until then, you're too much of a control - freak (on the 1st and 2nd) or feeling too emotional (on the 6th and 7th) to trust anyone else with the important stuff. You are very efficient when it comes to your professional and personal lives on the 10th and 11th, but your passion takes over on the 15th and 16th and injects all of your activities with the fire that they've been lacking up to this point. Your sense of adventure takes you to far-off, exciting places on the 17th and 18th, but your more serious side urges you to take care of your responsibilities before going out to play on the 19th and 20th. A sense of nostalgia makes you call old friends and relatives on the 23rd and 24th, and your enthusiasm for putting your well-laid plans into action jars you from your trip down memory lane long enough to complete the final stages of a long-term goal on the 25th, 26th and 27th. Seeing both sides of the story is your strong point on the 30th and 31st, but it could also put you in some uncomfortable situations -- you may want to hire a professional referee rather than acting as one for your friends and family. www.astrology.com



Mother



Across

2. A short name for Mother
5. A present
7. How about some _____ and kisses
8. The season is _____
9. She might plant these in her garden



Down

1. We might go _____ Grandma
3. How about some hugs and _____
4. We say _____ you for the gifts
6. Put in an envelope to send to Mom

www.kidsdomain.com

Famous Taureans

Lance Bass

David Boreanaz

George Clooney

Cate Blanchett

Chow Yun-Fat

Penelope Cruz

www.astrology.com

Let's Make A 3x5" Recipe Card Holder

You Will Need:

- * 37 Popsicle sticks
- * School Glue or Tacky Glue
- * Wax Paper or Plastic Grocery Bags
- * White Satin Ribbon
- * Rubber Stamp (small simple design)
- * Stamp Pad
- * Silk Flower
- * 3x5" Index Cards, lined



How To Make It:

1. Protect your surface by using wax paper or plastic grocery bags.
2. Glue 11 Popsicle sticks long sides together in a row. Repeat with 2 sticks, then 6 sticks. (see photo 1)
3. Stack and glue 8 Popsicle sticks on top of each other. (see photo 2)
4. Create another stack of 8 Popsicle sticks. Photo 1 Below
5. Take one stack of 8 Popsicle sticks and glue to the row of 11 sticks along the longest side. (see photo 3) Photo 2 Below
6. Repeat with other stack of 8 Popsicle sticks. Photo 3 Below
7. Glue the row of 2 Popsicle sticks at one end to create the bottom. (see photo 4) Photo 4 Below
8. Glue the row of 6 Popsicle sticks on top of the stacks of 8 Popsicle sticks, and adhering to the bottom edge. (see photo 5) Photo 5 Below
9. Turn recipe card holder over. Glue 2 Popsicle sticks together to create a "V" shape and glue to the top of the holder to create a hanger. (see photo 6) Photo 6 Below
10. Let dry completely.
11. Using the rubber stamps, stamp and design on the ribbon. Create a bow and glue to the top of the holder. Add the silk flower to the bottom if desired.
12. Give this beautiful recipe card holder to MOM, GRANDMA OR AUNT!

www.kidsdomain.com

POINT CLUB

Polaris Point

Fridays 1500-2200

Noche' Baja

Happy Hour

Every Friday

Happy Hour from 1500-1900

\$ 0.25 Off Margarita Shots

Complimentary Pupus:

Pico De Gallo w/ corn chips, Tostaritos,
Jalapeno Poppers & More!

★ MID-WEEK MADNESS

Heineken Bar Games

EVERY WEDNESDAY

CLUB OPENS AT 1500

HAPPY HOUR WITH PUPUS

FROM 1700-1900

*Play our Mid-Week Madness
Bar Games!*



For More Information Call 472-4606/7

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